



JONATHAN FIELD HORSEMANSHIP

~ *Inspired by Horses*™

Advancing your connection on the ground and in the saddle **Course 3**

May 22-26, 2007

Course Three is when the picture of you and your horse really starts coming together. Now that control and communication through the primary and secondary languages are firmly established, it is time to put them to a higher purpose. Understanding posture and how to balance your horse are core components of Course Three, as is developing a feel for your horse so that your horse feels back to you. Develop advancing maneuvers without tension so they come easily and beautifully. Learn to engage your horse's spirit to build his confidence- all while riding in some of B.C.'s most beautiful country!

- Ⓢ *Teach your horse to carry a posture using the "I set it, you hold it" technique.
- Ⓢ Understand lateral and longitudinal flexion and how to use both of them appropriately and effectively to create both power and balance.
- Ⓢ Learn the defensive and offensive postures that are critical to all disciplines.
- Ⓢ Develop feel and connection so that your horse remains soft and supple while performing high-end technical maneuvers.
- Ⓢ Learn how to compress and extend your horse.
- Ⓢ Learn to communicate to specific areas of your horse's body.
- Ⓢ Understand the "Elastic Band" principle and how important it is to expand your horse's boundaries without pushing them too far, too fast.
- Ⓢ Learn how giving your horse a purpose and testing your connection enables you to diagnose your strongest and weakest links so that you can move forward without frustration.
- Ⓢ Apply the active neutral to get your horse to turn his body loose to you; understand the difference between the "Responsibility Circle" and the "Shaping Circle."
- Ⓢ Understand the "First your line, then your speed, then your maneuver" training principle that builds consistency and softness in your horse.

- ② Learn how to freely play with your horse so that you can engage and direct his natural play drive.
- ② Do flying lead changes easily and beautifully; learn the half pass; refine speed within gaits.
- ② Advanced liberty in and out of the round pen.

This course is 40% ground work and 60% riding.

Pre-requisites: Jonathan Field Horsemanship Course Two Assessment